

# Contents

List of Illustrations	ix
Acknowledgments	xi
Abbreviations	xiii
Introduction: Understanding the Organic Coffee Boom in Chiapas	1
1. The Spread of Coffee	6
2. How Coffee Is Produced	14
3. The International Coffee Market	28
4. The Geography and History of Coffee in Chiapas	48
5. State, Society, and Rural Development in Mexico and Chiapas	58
6. Sustainable Development: Building Social and Natural Capital	70
7. A Study of Coffee Cooperatives in Chiapas	84
8. The Economic Benefits of Organic Farming	110
9. The Ecological Benefits of Organic Farming	120
10. Conclusions: Sustainable Development by Mayan Farmers	129
Notes	141
Bibliography	149
Index	169